ORAC Value list, Top 100

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| 1 | Cloves, ground | 314,446 |
| 2 | Sumac bran | 312,400 |
| 3 | Cinnamon, ground | 267,536 |
| 4 | Sorghum, bran, raw | 240,000 |
| 5 | Oregano, dried | 200,129 |
| 6 | Turmeric, ground | 159,277 |
| 7 | Acai berry, freeze-dried | 102,700 |
| 8 | Sorghum, bran, black | 100,800 |
| 9 | Sumac, grain, raw | 86,800 |
| 10 | Cocoa powder, unsweetened | 80,933 |
| 11 | Cumin seed | 76,800 |
| 12 | Maqui berry, powder | 75,000 |
| 13 | Parsley, dried | 74,349 |
| 14 | Sorghum, bran, red | 71,000 |
| 15 | Basil, dried | 67,553 |
| 16 | Baking chocolate, unsweetened | 49,926 |
| 17 | Curry powder | 48,504 |
| 18 | Sorghum, grain, hi-tannin | 45,400 |
| 19 | Chocolate, dutched powder | 40,200 |
| 20 | Maqui berry, juice | 40,000 |
| 21 | Sage | 32,004 |
| 22 | Mustard seed, yellow | 29,257 |
| 23 | Ginger, ground | 28,811 |
| 24 | Pepper, black | 27,618 |
| 25 | Thyme, fresh | 27,426 |
| 26 | Marjoram, fresh | 27,297 |
| 27 | Goji berries | 25,300 |
| 28 | Rice bran, crude | 24,287 |
| 29 | Chili powder | 23,636 |
| 30 | Sorghum, grain, black | 21,900 |
| 31 | Chocolate, dark | 20,823 |
| 32 | Flax hull lignans | 19,600 |
| 33 | Chocolate, semisweet | 18,053 |
| 34 | Pecans | 17,940 |
| 35 | Paprika | 17,919 |
| 36 | Chokeberry, raw | 16,062 |
| 37 | Tarragon, fresh | 15,542 |
| 38 | Ginger root, raw | 14,840 |
| 39 | Elderberries, raw | 14,697 |
| 40 | Sorghum, grain, red | 14,000 |
| 41 | Peppermint, fresh | 13,978 |
| 42 | Oregano, fresh | 13,978 |
| 43 | Walnuts | 13,541 |
| 44 | Hazelnuts | 9,645 |
| 45 | Cranberries, raw | 9,584 |
| 46 | Pears, dried | 9,496 |
| 47 | Savory, fresh | 9,465 |
| 48 | Artichokes | 9,416 |
| 49 | Kidney beans, red | 8,459 |
| 50 | Pink beans | 8,320 |
| 51 | Black beans | 8,040 |
| 52 | Pistachio nuts | 7,983 |
| 53 | Currants | 7,960 |
| 54 | Pinto beans | 7,779 |
| 55 | Plums | 7,581 |
| 56 | Chocolate, milk chocolate | 7,528 |
| 57 | Lentils | 7,282 |
| 58 | Agave, dried | 7,274 |
| 59 | Apples, dried | 6,681 |
| 60 | Garlic powder | 6,665 |
| 61 | Blueberries | 6,552 |
| 62 | Prunes | 6,552 |
| 63 | Sorghum, bran, white | 6,400 |
| 64 | Lemon balm, leaves | 5,997 |
| 65 | Soybeans | 5,764 |
| 66 | Onion powder | 5,735 |
| 67 | Blackberries | 5,347 |
| 68 | Garlic, raw | 5,346 |
| 69 | Cilantro leaves | 5,141 |
| 70 | Wine, Cabernet Sauvignon | 5,034 |
| 71 | Raspberries | 4,882 |
| 72 | Basil, fresh | 4,805 |
| 73 | Almonds | 4,454 |
| 74 | Dill weed | 4,392 |
| 75 | Cowpeas | 4,343 |
| 76 | Apples, red delicious | 4,275 |
| 77 | Peaches, dried | 4,222 |
| 78 | Raisins, white | 4,188 |
| 79 | Apples, granny smith | 3,898 |
| 80 | Dates | 3,895 |
| 81 | Wine, red | 3,873 |
| 82 | Strawberries | 3,577 |
| 83 | Peanut butter, smooth | 3,432 |
| 84 | Currants, red | 3,387 |
| 85 | Figs | 3,383 |
| 86 | Cherries | 3,365 |
| 87 | Gooseberries | 3,277 |
| 88 | Apricots, dried | 3,234 |
| 89 | Peanuts, all types | 3,166 |
| 90 | Cabbage, red | 3,145 |
| 91 | Broccoli | 3,083 |
| 92 | Apples | 3,082 |
| 93 | Raisins | 3,037 |
| 94 | Pears | 2,941 |
| 95 | Agave | 2,938 |
| 96 | Blueberry juice | 2,906 |
| 97 | Cardamom | 2,764 |
| 98 | Guava | 2,550 |
| 99 | Lettuce, red leaf | 2,380 |
| 100 | Concord grape juice | 2,377 |